



BED SOCKS

PATTERN DEVELOPED BY: Alli Barrett of Knitwits Alley

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Thanks for being part of our makers community! We appreciate you generously donating your time and skills to make gorgeous handmade gifts for families in hospital which are always so gratefully received!

BED SOCKS

PLEASE NOTE: You will need to ensure that your project complies with the following rules, as these donations will be going to vulnerable babies: 1. Please only use new materials. 2. Materials need to be clean and free from chemicals, smoke and pet hair. 3. Items cannot have any potential choking hazards such as buttons, beads, hems or rhinestones attached. Thank you.

MATERIALS:

- Size 4.5 needles
- 8 ply acrylic yarn

INSTRUCTIONS:

Cast on 5 stitches. Knit 6 rows

Next Row: Increase in 2nd stitch of each row until you have 22 stitches on the needle.

Next Row: Increase in each stitch to 44 stitches.

Next Row: Knit 2, Purl 2 for 15 centimetres (6 inches)

Next Row: 2 together across the row, giving you 22 stitches.

Next Row: Decrease in 2nd stitch at the beginning of every row, until you have 5 stitches. Knit 6 rows

Cast off, fold in half and sew the rib sides together and the 5 stitches on top together, to form a strap.





FREQUENTLY ASKED QUESTIONS

Thanks for your interest in our knitting and sewing activities. We are small team achieving big things and without the generous support of the community we couldn't continue deliver our support services to families in need. Your donations will be going to our smallest and most vulnerable babies and so we must ensure our donations are in keeping with hospital guidelines.

Do you accept donations other than the items listed on your website?

We have worked closely with hospitals to ensure our patterns meet hospital safety and infection control guidelines. For this reason, we can only accept items listed on our website.

What type of material should use?

These donations are going to our smallest and most vulnerable babies. All materials must be new, clean of pet hair and are free of extra embellishments such as ribbons and buttons (unless specified in the pattern). Please use 8 ply acrylic or wool yarn and ensure all materials used are soft and free of frays or fluff.

Can I change the size of an item e.g. - blanket?

The sizes have been developed to consider a range of requirements:

Packing and shipping requirements

Hospital guidelines

Our most requested items by families

Health and safety guidelines.

And to ensure all families are receiving the same quality and sized gift.

For this reason we require donations are kept to the sizes indicated in the patterns.

Can I add buttons, or extra embellishments to my donations?

No, unless the pattern specifies otherwise they can be a safety risk to small babies.

Where can I send my donations?

Not all hospitals accept donated items. Health and safety requirements can change based on the level of care the hospital offers and individual management. All orders for families and hospitals are packed at HQ and sent directly to families and hospitals. To ensure we direct your donations to where they are most needed please send your donations to:

Life's Little Treasures Foundation

1/21 Eugene Terrace

Ringwood, VIC 3134

Can I drop my donations in?

You sure can. Our office is open Monday to Friday 10 am to 3pm. It's always best to call first and let us know you are coming. Our number is 1300 697 736.

Do all NICU/SCN accept donations?

No, hospitals vary depending on the level of care they provide and hospital management.

What sized knitting needles should I use?

Knitting needles are specified in the individual patterns. Most patterns use 4mm needles.

Can I contact someone to ask questions regarding knitting or sewing projects?

Please email our volunteer Knitting and Sewing Coordinator at knitandsew@lifeslittletreasures.org.au or call 1300 697 736 during Monday to Friday 9.30 -3pm.